BA Y STATE BIKE WEEK

18th ANNUAL PIONEER VALLEY

BAY STATE BIKE WEEK

BIKE TODAY!
BIKE FOREVER!

MAY
13-21
2017

SAT MAY 13

SPRINGFIELD 8-10am | Ride your bike to the World's Largest Pancake Breakfast. Free repairs from RadSpringfield | Main St
WESTFIELD 8-10am | Pedal to Coffee Break | Bike-in for complimentary coffee & conversations | Joyce Cafe, 83 Main St

SUN MAY 14

EASTHAMPTON 9:30am | CycleFemme 2017 | All-women’s ride happening in tandem with rides all over the world! CycleFemme.com | Tandem Bagel, 9 Railroad St

MON MAY 15

SPRINGFIELD 6am | Morning Ride | 20-mile group ride with food at the end | Pioneer Valley Riverfront Club | 121 West St
SPRINGFIELD 8-10am | Free breakfasts for commuters from Sidecar Bakery | Sponsored by Walk/Bike Springfield | Plaza at 1550 Main St
WESTFIELD 10-11am | Mayor’s Ride | Join Mayor Sullivan for a ride around downtown | Westfield City Hall, 59 Court St
AGAWAM 5:30pm | Bike Tune Ups and Safety Event | Learn about bike safety and discuss Complete Streets projects with the Town Engineer | Agawam High School, 760 Cooper St

TUE MAY 16

GREENFIELD 7:30am | Annual Commuter Breakfast | JW Oliver Transit Center, 52 Olive St
SPRINGFIELD 12:30-6:30pm | Nutrition for Cyclists | Tips on how to eat before and after a bike ride at the Forest Park Farmer’s Market | Sycamore Lawn in Forest Park, 22 Hadley Rd
AMHERST 5:30-6:30pm | Bike Rodeo | Bike & Helmet fit check | Learn to ride, signal, shift gears, check traffic | Slow bike race | Crockers Farm Elementary School | Rear parking lot, 39 Shays St
WESTFIELD 5:30-6:30pm | Meet with friends of the Columbus Greenway Rail Trail | Updates on trail construction, events & enhancements | Amelia Park Arena, Meeting Room B

WED MAY 17

NORTHAMPTON 7-9am | Bicycle Breakfast | Celebrate cycling with MassBike PV, Northampton Cycling Club, Friends of Northampton Trails and Greenways, Mayor David Narkewicz and others | Hampshire County Courthouse lawn, 99 Main St
SPRINGFIELD 8-10am | Free breakfast for commuters from Sidecar Bakery | Sponsored by Walk/Bike Springfield | Plaza at 1550 Main St
HOLYOKE 5-6pm | Community Bike Ride | Family-friendly, leisurely tour of Holyoke | Holyoke Urban Bike School, Beech St
AMHERST 6-8pm | Bike Cleaning & General Maintenance Workshop | Registration and charge required for entry | Email info@speedandsprocket.com | Brookfield Farms, 24 Huld Rd
SPRINGFIELD 6-8pm | Bike Safety Lecture | Learn about Cycling Savvy Bicycle Safety | MIO Family Services Community Center, 3 hatfield St
WESTFIELD 7pm | Ride of Silence honoring those who have lost their lives | South Middle School, 30 West Silver St

THU MAY 18

HALEY 7-9pm | Commuter Breakfast | Food sponsored by Valley Bike and Ski Works | 11 Railroad St, (Norwottuck Rail Trail behind quarters)
HOLYOKE 6-8:30pm | Holyoke Bike Breakfast | Bike Week give-aways, coffee and snacks | Co-sponsored by PVTA | Veteran’s Memorial Park
AMHERST 4-6pm | Bicycle Picnic | From Emily Dickinson to Now | Bring your own food, tour museum, browse various bicycles | Lawn of the Jones Library & Amherst Historical Society | Market St
AMHERST 6:30pm | Bicycle Film Night | Family-friendly feature film & short films | Jones Library, Amherst Room, 45 Amity St

FRI MAY 19

GREENFIELD 12-2pm | Bicycle Lunch | Sponsored by The People’s Pint and other local businesses | Bicycle World, 104 Federal St

SAT MAY 20

EASTHAMPTON 9-11am | Trailside Breakfast | With Manhan Railtrail Committee | Manhan Rail Trail Behind Tandem Bagel, 9 Railroad St
SOUTHWICK 10am | Family Fun Ride to Find Dory | Companied by Miller Road Trail Head
WEST SPRINGFIELD 9am-12pm | Bike Ride to benefit West Springfield Partnership for Education | Colorado ski shop will provide bike tune ups and use of demo bikes | Ride at 10am to Bearbowl, Bevern Park, Fasely Scenic, 719 Amherst Rd
GREENFIELD 1pm | Pedal to Pets | 15 mile ride stopping for pets along the way | Pay your own way | 524 Wells St

SUN MAY 21

WESTFIELD 12pm | Vintage Bicycle Ride | Choose from two routes to Park Square | New Horizons Bike Shop, 55 Franklin St
HAMPDEN 12:30pm | Cycle 2 Conics Winery Tour | Registration and charge required for entry | Info@speedandsprocket.com | Casa Bella Italian Kitchen, 546 Main St
SPRINGFIELD 8am-10am | Complete Streets Road Ride (20 miles) | Explore Springfield’s forthcoming bike infrastructure upgrades and neighborhoods | Benson's Bagels, 598 Summer Ave
NORTHAMPTON 2-5pm | Sweet Spoken 3rd Annual Tweed Ride | Don your tweed and seersucker for a fun, social ride from downtown Northampton to Look Park, to benefit The Friends of Northampton Trails and Greenways. | Register at www.sweetspoken.com/tweed-ride

ALL WEEK

SPRINGFIELD Mercy Health Bike Donation Drive. All age bike donations will go to RadSpringfield Earn a Bike Program | Call Maggie at 413-748-9891 to coordinate donations.

For more information on events in the Valley and across the state visit: baystatebikeweek.org

TRACK YOUR MILEAGE: NURIDE.COM/MASSRIDES